

### Method I:

Governing equation:

$$m\ddot{x}(t) + kx(t) = 0$$

subjected to

$$x(0) = x_0, \dot{x}(0) = \dot{x}_0$$

Physical point: equilibrium of Newton's law

Mathematical point: second order linear ODE subjected to two initial conditions

### Method II:

Governing equation:

$$\frac{1}{2}m\dot{x}^2(t) + \frac{1}{2}kx^2(t) = \frac{1}{2}m\dot{x}_0^2 + \frac{1}{2}kx_0^2$$

subjected to

$$x(0) = x_0$$

Physical point: Conservation of mechanical energy (strain energy and kinetic energy)

Mathematical point: first order linear ODE subjected to one initial condition

### Method III:

In senior high school, we used projection concept to understand the motion of SHM.